



PET/CT-MRI INSTRUCTIONS

Procedure Date: _____ Arrival Time: _____ Scan Time: _____

Facility: _____ Fayetteville: 3232 N. North Hills Blvd. Fayetteville, AR 72703
_____ Rogers: 808 S. 52nd St. Rogers, AR 72758
_____ Springdale: 3901 Parkway Circle, Springdale, AR 72762
_____ Mountain Home: 639 Hospital Drive, Mountain Home, AR 72653

Nothing to eat or drink after _____ am/pm

PET-Nothing to eat or drink (including gum, nicotine gum, breath mint, candy, cough medicine, and cough drops) starting 6 hours before your exam: _____ am/pm

MRI-NO pain/nicotine PATCHES or FreeStyle libre. They will be removed before scan and will NOT be reattached. DO NOT WEAR. Little to no jewelry preferred.

Please follow these instructions:

- **MRI:** NO pain/nicotine PATCHES or FreeStyle libre. They will be removed before scan and will NOT be reattached. DO NOT WEAR. Little to no jewelry preferred.
- **PET:** Do not eat or drink anything more than plain water for 6 hours before your exam because it could interfere with the results; NO Gum, mints, candy, cough drops, breath strips. - IF you have anything by mouth 6 hours prior to scan besides plain water, we will have to cancel your exam, delaying your treatment plan. We will have to reschedule the PET exam.
- **PET:** If you have a feeding tube, do not take any tube feedings six hours prior to your appointment.
- If possible, dress in warm comfortable clothing. Avoid items such as jewelry, zippers, metal snaps, under-wire bras, etc. These items will need to be removed prior to your scan.
- If you have been advised not to take your medications on an empty stomach, bring your medications with you to your appointment.
- **PET:** If you are diabetic, please let us know ahead of time so we can work with your physician to determine the safest possible way for you to prepare for your exam. Your blood sugar must be under 200 mg/dL to proceed with the PET scan. If it is above 200 mg/dL, we may have to reschedule. **DO NOT** take insulin or diabetic medications (including Metformin) six hours before your appointment time. If you are unable to keep your blood sugar under 200 mg/dL, please call the Imaging Schedulers.
- Drink plenty of fluids after your scan to help flush the radiopharmaceutical out of your body.
- **PET:** Avoid close contact with anyone under 18, or pregnant women, for up to 18 hours after scan.
- Your PET/CT scan can take up to two hours to complete. MRI allow about one hour.

In addition, please let us know if you might be pregnant or are currently breast feeding. If you are breast feeding, previously pumped and stored mothers milk or formula should be substituted for direct breast feeding for 12 to 24 hours after scan.

If for any reason you are unable to keep your appointment or have any questions about your tests, please call our office. Imaging Scheduling Dept: 479-695-4242 (Fayetteville) 479-249-9029 (Rogers) 870-813-0585 (Mountain Home)