



Physical Therapy & Occupational Therapy

Provided at:

Springdale

3901 Parkway Circle, Ste 100 Springdale, AR 72762 479-249-9417

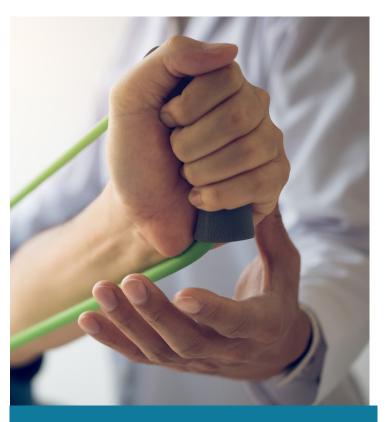
Rogers

808 South 52nd St. Rogers, AR 72758 479-695-8086

highlandsoncology.com

PHYSICAL THERAPY & OCCUPATIONAL THERAPY

Personal and specialized care.



Provided by Highlands Rehabilitation





Physical Therapists and Occupational Therapists at Highlands optimize quality of life by:

- Accelerating recovery after surgery, during or after chemotherapy and/or radiation
- Preventing decline in functional mobility
- Training for maximum strength, flexibility, and range of motion
- Reducing scar and soft tissue injury to decrease pain and improve range of motion
- Reducing fatigue and improving stamina
- Maximizing function in activities of daily living
- Decreasing fall risks

- Improving balance and treating vestibular problems
- Reducing pain
- Educating about lymphedema prevention
- Providing complete decongestive therapy for lymphedema
- Addressing and treating impairments caused by peripheral neuropathy
- Treating cognitive deficits including word finding and short-term memory loss caused by cancer treatment (offered by Occupational Therapy)
- Developing personalized home exercise programs for optimal strength and range of motion

Specialized treatments offered:

- Complete decongestive therapy for lymphedema by certified lymphedema therapists
- Measuring and fitting for over the counter and custom lymphedema garments
- Medivision custom garment measurement
- Sozo bioimpedance spectroscopy for detection of subclinical lymphedema
- Breast cancer prospective surveillance and rehabilitation.
- Strength After Breast Cancer (Strength ABC) program: an individualized weight training program
- Head and Neck Cancer Rehabilitation
- Multiple Myeloma Rehabilitation