



CT Scan Patient Instruction Sheet

Procedure Date: _____ Arrival Time: _____ Scan Time: _____

Facility: _____ Fayetteville: 3232 N. North Hills Blvd. Fayetteville, AR 72703
_____ Rogers: 808 S. 52nd St. Rogers, AR 72758
_____ Springdale: 3901 Parkway Circle, Springdale, AR 72762
_____ Mountain Home: 639 Hospital Drive, Mountain Home, AR 72653

Nothing to eat or drink after _____ am/pm

Information about your scan:

- CT is also called Computed Tomography or CAT scan. It uses special x-ray equipment to obtain images of different tissues in the body. The scanner looks like a large donut.
- Depending on which body part we are scanning, you may be asked to drink barium an hour or half an hour, depending on the scan ordered, before we can perform your scan.
- During the scan, the machine may ask you to breathe in and hold your breathe. The actual scan portion of the test takes anywhere from 5 to 15 minutes.
- If your scan requires an injection, you will have to have a lab test 30 days prior to your scan to check your kidney function before we can give iodinated contrast.

Please follow these instructions:

- Do not eat or drink anything more than water for four hours before your exam because it could interfere with the results.
- If you have a feeding tube, do not do any tube feedings four hours prior to your appointment.
- If possible, dress in warm comfortable clothing. Avoid items such as jewelry, zippers, metal snaps, underwire bras, etc. These items will need to be removed prior to your scan.
- If you take medications, drink only enough **plain water** to swallow them.
- Drink plenty of fluids after your scan to help flush the contrast out of your body.
- If for any reason you are unable to keep your appointment or have any questions about the test please call our office.

In addition, please let us know if you might be pregnant or are currently breast-feeding.

If you are breastfeeding, previously pumped and stored mothers milk or formula should be substituted for breast feeding for 24 hours after the scan.

If you think you are allergic to iodine contrast, please call our office before the day of your scan. Imaging Scheduling Department: 479-695-4242 NH, 479-249-9029 BCC, 870-813-0585 Mountain Home