



## CT/MRI Scan Patient Instruction Sheet

Procedure Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ Scan Time: \_\_\_\_\_

Facility: \_\_\_\_\_ Fayetteville: 3232 N. North Hills Blvd. Fayetteville, AR 72703  
\_\_\_\_\_ Rogers: 808 S. 52nd St. Rogers, AR 72758  
\_\_\_\_\_ Springdale: 3901 Parkway Circle, Springdale, AR 72762  
\_\_\_\_\_ Mountain Home: 639 Hospital Drive, Mountain Home, AR 72653

Nothing to eat or drink after \_\_\_\_\_ am/pm

**MRI-PATCHES of any kind (ex: pain/nicotine/hormone) will be removed for scan and placed back on with tegaderm. Some Glucose monitoring systems (ex: freestyle libre) are not able to enter the room. They will be removed and unable to reuse.**

### Information about your scan:

- CT is also called Computed Tomography or CAT scan. It uses special x-ray equipment to obtain images of different tissues in the body. The scanner looks like a large donut.
- MRI is also called Magnetic Resonance Imaging. It uses a large magnet to collect images of the tissues within your body. This machine is like a CT scanner, but its longer making it more tube-like in appearance. It is also very loud.
- You may be asked to drink barium prior to the time of your CT scan. Expect to wait for at least one hour after starting the barium before you will be called back to the scan room.
- The machine may ask you to hold your breath. The actual scan portion of the CT test takes anywhere from 5 to 15 minutes and the MRI is generally around 30 minutes to an hour.
- If your scan requires an injection of contrast (dye), you will have to have had a lab test in the last 30 days prior to your scan to check your kidney function.

### Please follow these instructions:

- Do not eat or drink anything for 4 hours before your exam.
- Do not do any tube feedings for 4 hours prior to your appointment.
- Dress in warm comfortable clothing. Avoid items such as jewelry, zippers, metal snaps, underwire bras, etc. These items will need to be removed prior to your scan.
- If you take medications, drink only enough plain water to swallow them.
- Drink plenty of fluids after your scan to help flush the contrast out of your body.
- If for any reason you are unable to keep your appointment or have any questions about the test, please call our office.

**IMPORTANT ADDITIONAL INFORMATION: If you are pregnant or breast feeding, please supplement for at least 24 hours after the scan. If you think you are allergic to or have had any reaction to either iodinated or gadolinium-based contrast, please call our office prior to your scan.**

Imaging Scheduling Department: 479-695-4242 NH or 479-249-9029 BCC or 870-813-0585 Mountain Home