



## PET/CT BONE Scan Patient Instruction Sheet

Procedure Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ Scan Time: \_\_\_\_\_

Facility: \_\_\_\_\_ Fayetteville: 3232 N. North Hills Blvd. Fayetteville, AR 72703  
\_\_\_\_\_ Rogers: 808 S. 52nd St. Rogers, AR 72758  
\_\_\_\_\_ Springdale: 3901 Parkway Circle, Springdale, AR 72762  
\_\_\_\_\_ Mountain Home: 639 Hospital Drive, Mountain Home, AR 72653

### Please follow these instructions:

- If possible, dress in warm comfortable clothing. Avoid items such as jewelry, zippers, metal snaps, underwire bras, etc. These items will need to be removed prior to your scan.
- Drink plenty of fluids after your scan to help flush the radiopharmaceutical out of your body. Avoid anyone under the age of 18 and pregnant women up to 18 hours after the scan.

### What is a PET/CT Bone Scan and what will the test be like?

PET (Positron Emission Tomography) Bone Scan is a specific scan that provides information to your physician of changes in the body at a cellular level. A PET Bone Scan can provide information that enables your physician to make an earlier diagnosis or change the treatment of your cancer. After we've reviewed your history and any prior exams that might be available, you'll receive an injection of a radiopharmaceutical. You'll then have to wait while the radiopharmaceutical distributes itself through the bones, typically 60 minutes. Once it is time to begin your scan, you will be asked to empty your bladder. You will then lie on a padded table that will move through a large donut-shaped scanner. This process will take 25-30 minutes. It is important to remain still because motion can alter the images.

**If for any reason you are unable to keep your appointment or have any questions about the test, please call our Imaging Scheduling Department at 479-695-4242 NH or 479-249-9029 BCC or 870- 813-0585 Mountain Home**

**In addition, please let us know if you might be pregnant or are currently breast-feeding. If you are breastfeeding, previously pumped and stored mothers milk or formula should be substituted for breast feeding for 12 to 24 hours after the scan.**